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THE DOMINION

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Even broccoli rocks at Skyview**Nutritionist has school jumping at healthy show**

BY BEN CONLEY

The Dominion Post

With a pulsing beat filling the Skyview Elementary gymnasium, Jill Jayne struts center stage and throws a fist in the air.

"Are you ready to rock?" she yells into the microphone.

The crowd, already squirming with excitement, screams its approval, launching Jayne into an original composition about ... low-fat milk.

Welcome to the final stop of a three-show tour of Monongalia County schools by the world's only rock-star nutritionist. The hour-long presentation, known as Jump with Jill, is an interactive, high-energy show that aims to have kids singing the praises of healthy diet and exercise by wrapping the message in the fashionable duds of pop music.

"We only get one body for our entire lives and guess whose job it is to take care of it?" Jayne asks the kids in



Bob Gay/The Dominion Post

"Rock 'n Roll nutritionist" Jill Jayne (center) leads a group of Skyview Elementary students in a dance step during her show at the school Tuesday.

kindergarten through fifth grade while her brother, Mark Jayne, or DJ Marky Mark, cues up the next tune.

Before Jump with Jill, the pair made appearances on stage and screen with their band, Sunset West, showing up on the Vans Warped Tour and "The Next Great American Band" on FOX, according to the Jump with Jane website.

But their efforts in schools gyms across the country have been their

biggest hit, garnering a Grammy nomination for Best Children's Album and a visit with Michelle Obama, among other accolades.

Jill Jayne, a certified dietician with degrees from Penn State and Columbia, had the kids on their feet, dancing with every song, a definite plus for fifth-grader Daja White-Furman.

"I thought it was really fun to be able to get up and dance," White-Furman said, before admitting, after care-

ful thought, that broccoli was her favorite vegetable.

Classmate Maia Martisko agreed. She said she was a big fan of fruit and veggies as well as Tuesday's show. "I thought it was very energetic and cool."

Fellow fifth-grader Jackson Wolfe wasn't so sure about the vegetables.

"I don't like 'em, but I eat 'em," he said.

Oh, well, any rock-star nutritionist will tell you, two out of three ain't bad.